


# Otterbein Early Education Center—February 2025

|   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|---|---|---|---|--|---|
| <p>Breakfast:</p> <p>One of the following cereals are served on cereal days:</p> <p>Multi-Grain Cheerios</p> <p>Mnii-Spooners</p> <p>Life</p> <p>Rick Chex</p> <p>Kix</p> <p>All cereals are whole grain.</p> <p>-----</p> <p>100% fruit juice served with cereal breakfast only.</p> <p>Milk served with all meals—breakfast, lunch and snack.</p> <p>Children under age 2 served whole milk; children over age 2 served 1% milk</p> <p>-----</p> <p>* indicates children 2 and under will be served cooked carrots in place of raw veggies.</p> |                                 |   |   |  |   |
|   | <b>3</b><br><b>Cereal</b><br>Chicken parm casserole, green beans, pears<br><b>Goldfish</b>                        | <b>4</b><br><b>Scrambled eggs &amp; fruit</b><br>White chicken chili, breadstick, applesauce<br><b>Straw. Waf Graham (WG)</b> | <b>5</b><br><b>Cereal</b><br>Goulash, corn, oranges<br><b>Yogurt w/ granola</b>                                     | <b>6</b><br><b>Fruit &amp; yogurt parfait</b><br>Fish sticks, broccoli, roll, pineapples<br><b>Saltines w/ jelly</b> | <b>7</b><br><b>Cereal</b><br>Sloppy joe sand, carrots, banana<br><b>Chips &amp; Salsa</b>       |
|   | <b>10</b><br><b>Baked oatmeal, fruit</b><br>Spaghetti w/meat sauce, salad, mand oranges<br><b>Chex mis (WG)</b>   | <b>11</b><br><b>Cereal</b><br>Hot dogs, baked beans, butter bread, mixed fruit<br><b>Bagels w/ cream cheese</b>               | <b>12</b><br><b>Sausage gravy, biscuit &amp; fruit</b><br>Chili, cornbread, tropical fruit<br><b>Triscuits (WG)</b> | <b>13</b><br><b>Cereal</b><br>Cheesy ham & macaroni, cauliflower, peaches<br><b>Pretzels &amp; cheese</b>            | <b>14</b><br><b>Cereal</b><br>Bologna & cheese sand, green beans, banana<br><b>Raisins</b>      |
|   | <b>17</b><br><b>Center Closed</b><br><br><b>Staff Development</b>   | <b>18</b><br><b>Cinnamon Muffins &amp; fruit</b><br>Tomato soup, grilled cheese, applesauce<br><b>Straw. Waf Graham (WG)</b>  | <b>19</b><br><b>Cereal</b><br>Chicken drummies, broccoli, oranges<br><b>Yogurt w/ granola</b>                       | <b>20</b><br><b>Pancakes &amp; fruit</b><br>Ham & green beans, cornbread, pineapples<br><b>Saltines w/ jelly</b>     | <b>21</b><br><b>Cereal</b><br>Chicken salad sand, cucumbers, banana<br><b>Chips &amp; Salsa</b> |
|   | <b>24</b><br><b>Sausage gravy, biscuit, fruit</b><br>Tortellini, lima beans, mand oranges<br><b>Chex Mix (WG)</b> | <b>25</b><br><b>Cereal</b><br>Meatloaf, mashed potato, roll, mixed fruit<br><b>Bagels w/cream cheese</b>                      | <b>26</b><br><b>Scrambled eggs, fruit</b><br>Pizza, peas, tropical fruit<br><b>Triscuits (WG)</b>                   | <b>27</b><br><b>Cereal</b><br>Chicken corns soup, crackers, bologna roll, peaches<br><b>Pretzels &amp; cheese</b>    | <b>28</b><br><b>Cereal</b><br>Ham & cheese sand, carrots*, banana<br><b>Raisins</b>             |

## Otterbein Early Education Center—Breakfast Menu

### Cereal/Juice/Fruit - February 2025

|                                     | Monday                         | Tuesday                            | Wednesday                         | Thursday                           | Friday                           |
|-------------------------------------|--------------------------------|------------------------------------|-----------------------------------|------------------------------------|----------------------------------|
| <b>January 2025</b>                 | 3, 10, 24                      | 4, 11, 18, 25                      | 5, 12, 19, 26                     | 6, 13, 20, 27                      | 7, 14, 21, 28                    |
| <b>Juice Served</b>                 | <b>3 - Berry</b>               | <b>11 &amp; 25 - Apple</b>         | <b>5 &amp; 19 - Grape</b>         | <b>13 &amp; 27 - Berry</b>         | <b>7, 14, 21, 28 - Apple</b>     |
| <b>Fruit Served</b>                 | <b>10 &amp; 24—pears</b>       | <b>4 &amp; 18 - mixed fruit</b>    | <b>12 &amp; 26 - pineapples</b>   | <b>6 &amp; 20 - peaches</b>        | <b>n/a</b>                       |
| <b>Woolly Bears &amp; Silkworms</b> | <b>3 - Multigrain Cheerios</b> | <b>11 &amp; 25 - Life</b>          | <b>5 &amp; 19 - Mini Spooners</b> | <b>13 &amp; 27 - Rice Chex</b>     | <b>7, 14, 21, 28 - Kix</b>       |
| <b>Praying Mantis</b>               | <b>3 - Kix</b>                 | <b>11 &amp; 25 - MG Cheerios</b>   | <b>5 &amp; 19 - Life</b>          | <b>13 &amp; 27 - Mini Spooners</b> | <b>7, 14, 21, 28 - Rice Chex</b> |
| <b>Butterflies</b>                  | <b>3 - Life</b>                | <b>11 &amp; 25 - Kix</b>           | <b>5 &amp; 19 - MG Cheerios</b>   | <b>13 &amp; 27 - Life</b>          | <b>7, 14, 21, 28 - Mini</b>      |
| <b>Grasshoppers</b>                 | <b>3 - Mini Spooners</b>       | <b>11 &amp; 25 - Rice Chex</b>     | <b>5 &amp; 19 - Kix</b>           | <b>13 &amp; 27 - MG Cheerios</b>   | <b>7, 14, 21, 28 - Life</b>      |
| <b>Dragonflies</b>                  | <b>3 - Life</b>                | <b>11 &amp; 25 - Mini Spooners</b> | <b>5 &amp; 19 - Rice Chex</b>     | <b>13 &amp; 27 - Kix</b>           | <b>7, 14, 21, 28 - MG</b>        |

All cereals are whole grain and meet maximum sugar requirements.

All juices are 100% fruit juice.

Milk served with breakfast. Children under age 2 served whole milk; children over age 2 served 1% milk.